



### **What does it involve?**

A trained lead cyclist leads the ride, with other experienced riders in attendance.

The rides are intended to be sociable events so we try to find a coffee shop at the start or along the route.

Rides start at 10.00am and usually finish by noon.

There are no charges to attend the rides.

### **Who can take part?**

These rides are open to anyone who has cycled before (we cannot currently give cycling instruction to complete beginners). Age is no restriction, though we would ask participants to complete a health questionnaire.

A responsible adult must accompany children under 16.

### **Is it necessary to book in advance?**

No, just turn up on the day.

### **What about the weather?**

We try to cycle in all but the severest weather. You are advised to wear waterproof outer garments, gloves and a cycling helmet.

If you have any enquiries, please contact:

**Gerald Pleace on 01753 875566 or  
Bruce Hicks on 01753 875514**



# **Slough Freewheelers**



**Free of Charge Led Cycle Rides for Health  
and Enjoyment**

**Information and List of Dates & Venues**

**2013**

# Come and join us



Cycling is healthy exercise and almost anyone can join in the fun.

Slough Freewheelers have been offering rides to cyclists of all abilities since 2006.

We invite you to join us, whether for exercise, enjoyment of the local area, or for social cycling.

We offer a series of guided rides, mainly off road in Slough, Windsor, Burnham Beeches and along the Jubilee River.

Date	Ride	Meeting Place
19th January	Upton	Upton Court Park Main car park by changing rooms
16th February	Dorney	Dorney Court Kitchen Garden car park
16th March	Windsor Great Park	Stag Meadow car park off St Leonard's Road next to football club
13th April	Herschel Park	Herschel Park Datchet Road car park
18th May	Burnham Beeches	Victory Cross car park Lord Mayor's Drive, Burnham Beeches
15th June	Windsor Great Park	Stag Meadow car park off St Leonard's Road next to football club
13th July	Burnham Beeches	Victory Cross car park Lord Mayor's Drive, Burnham Beeches
17th August	Dorney	Dorney Court Kitchen Garden car park
21st September	Upton	Upton Court Park Main car park by changing rooms
19th October	Windsor Great Park	Stag Meadow car park off St Leonard's Road next to football club
16th November	Herschel Park	Herschel Park Datchet Road car park
14th December	Dorney	Dorney Court Kitchen Garden car park

**Please note: All rides are on Saturday mornings starting at 10.00 a.m.**